

**Centre for Oriental and International Dance**  
**Leyla Jouvana and Roland**  
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Member of the Federal German Union for Oriental Dance

## **C.O.D.E. - Certified Oriental Dance Education**

### **What is C.O.D.E.?**

Be a C.O.D.E. breaker with our certified oriental dance education. Yes, we freely admit it - it takes time and work to crack this CODE and learn the secrets of Oriental dance but **you** can do it. When you've done it, you will really have achieved something - you will have a certificate to prove it and our good name to back you up!. And you will have trained with accredited and internationally famous teachers!

### **Ongoing education -learn as much as you want - no obligation to take exams!**

All our workshops are accredited within the C.O.D.E. system and can be booked separately and independently of one another. We can give written proof of any workshops taken and all can be considered as qualified stages in your oriental dance education - even if you never take a formal exam.

### **How long does C.O.D.E. last?**

Its entirely up to you how far you take your dance education, when and where you take accredited workshops and which themes and subjects you choose to study. You can easily catch up on any workshops you have missed and you can book workshops as far apart - or as close together - as suits you. So long as you have taken 200 workshop hours in total you qualify for your full CODE certificate to show that you have completed your dance education.

### **Exams**

You can take a more formal exam with us if you wish - exams are on request and the requirements for entry are that you have completed 200 workshop hours, including the following compulsory classes:

Technique 1 and 2, Rhythm 1 and 2, Choreography 1 and 2, Drum and Finger cymbal 1 and 2, Folklore, Shimmys, Dance styles (eg spanish/arabic fusion), Bollywood, Persian, Isis Wings and Veil 1 and 2, Pharaonic, Tribal, Sword, Gypsy, Tambourine; Improvisation, Dance Teaching and Methodology, Health and Safety, Warm Up etc

Exam fees are 50 Euros per exam in groups or 100 Euros for single - please note, however, that our exams are non profit- making and only your success matters to us - we will not advise you to take the exam before you are fully prepared and only when you have good chances of passing!

( Note: Group-exams take place by arrangement with Leyla Jouvana and are subject to a minimum number of bookings)

## **Our teachers**

Leyla Jouvana & Roland (Main workshop themes, technique, Rhythm and music studies, choreography, drums and cymbals, different dance styles with or without props, folklore etc) Bondok and Magdy El Leisy (Egyptian folkloric, all styles) Dilany Meera (Bollywood), Gabi Bendel (Dance teaching and methodology, psychology), Wahida - Marion Rieger, Physiotherapist and dance teacher - Warm ups, health and safety, preventative medicine through dance.

Workshops of our festival teachers are accredited for CODE by prior arrangement Schachlo - Persian and middle asiatic, Aziza (USA), Samara Hayat, Aziza Abdul Rhida, Seetha, Louis Anch Amun, Apsara Habiba, Sabina Amadia, Dr. Mo Geddawi, Ava Fleming, Gonda (Tribal), Hind, BDSS Jillina, Sharon Kihara, Moria and all our other festival and school teachers. Our festival teachers are personally chosen by the organisers and are recognised as top class teachers and performers in their chosen areas.

## **Registration**

CODE is open to anyone who wishes to further their education in oriental dance and/or to take the formal exam. Already practising dance teachers as well as students are welcome to enter for the dance education or the exam. For those wishing to proceed to certificate level we do however, recommend good prior knowledge of oriental dance - for those with lower level of prior knowledge of dance, the probable duration of the dance education through to certificate level can be discussed in advance with the course organisers. We recommend workshops and ongoing courses held in the centre for oriental dance for all C.O.D.E participants

## **Our Aims**

The aim of our dance education is to produce competent and excellent teachers in oriental dance, to keep up and improve standards and to give more people a chance to learn this dance. We are particularly pleased to welcome existing teachers and to develop and support them within the C.O.D.E framework

## **Course Materials/DVD**

In order to keep costs down for you, only the workshop hours count towards CODE For the main subjects such as technique, shimmies, rhythm you can also obtain an educational DVD and train in your own time using these materials - although we do recommend developing your own study plan

## **Please take note of the following festival and Workshop times which are accredited for C.O.D.E**

**13.01.08**

"Warming up & Cool Down" and physiological aspects  
with Al-Wahida ( [www.al-Wahida.de](http://www.al-Wahida.de) ) 30 ,- /35,- both WS = 60 Euro

- 09.02.08** WS with Leyla Jouvana "Mambo-Oriental Drum Solo"  
13:00 – 17:00 , 52 Euros
- 23.02.08** WS Leyla Jouvana "Dance with 1-2 Fanveils"  
13:00-15:00 Uhr, 29,-
- 30.03.08** WS Leyla Jouvana "37 Shimmies and 1001 Variations"  
12:00- 15:00, 42 Euros
- 04.-06.04.08** WS Tribal Fusion Bellydance Bootcamp with BDSS Moria (USA)  
3 days each 4 hours. Themes: Choreography und Technique,  
Layering, Lay Backs, Isolation, Kondtion, Drills and Turns, Floorwork,  
Tribal Kombis & unusual 3dimensionale Moves, Body and stage  
make up, Kostumes
- Friday 18:00-22:00, Saturday & Sunday 11:00-15:00  
1 WS = 62,- 2 WS = 114,- 3 WS 160 Euros
- 26.+27.4.08** Rhythm theory and combos - part 1 a + b  
(1 WS 29 Euros, both 53 Euros)  
Saturday 13:00-15:00 h: Fallahi, Zaar, Malfouf, Karachi, Saudi  
  
Sunday 11:00-13:00: Saidi, Tango, Karshliamar + Choreogr.
- 26.04.08** WS with Leyla Jouvana "veils & Zills in same time"  
For beginners also possible without Zills/Zagat  
Sa 15:30 – 18:00, 37 Euro
- 27.04.08** Classical Oriental technique 1a with Leyla Jouvana  
Sunday 13:30 -16:00, 37 Euro, both 67,-
- Themes: posture & footwork, body waves and camels - many  
combos with geometric forms (more dimensional, circkles,  
eights, Mayas, Waves and Kamels.
- 18.05.08** WS Bollywood-Choreography with Dilany Meera,  
Sunday 11:00-14:00, 40 Euros
- 07.06.08** WS Leyla J. "Theory of Choreography & Improvisation"  
Symmetry und Harmony,  
12:00-14:00, 29 Euros
- 7.+8.6.08** WS with Leyla Jouvana "Cymbals and Drum part 1 a + b)
- 8.6.08** WS with Leyla Jouvana Classical Oriental technique 1b  
11:00-15:00 Uhr, 50Euros